



Activator Methods QUESTIONS & ANSWERS

Q: How popular is the Activator Method?

A: The Activator Method is the world's #1 instrument adjusting method. Instrument adjusting is now the second most common type of chiropractic manipulation.

Q: Why do so many patients prefer the Activator Method?

A: It is a safe, gentle and effective alternative to the traditional 'pop and crack' approach to chiropractic care. The Activator instruments are calibrated to deliver a consistent, measured, gentle thrust that adjusts the skeleton without the pushing and twisting that some patients find frightening.

Q: Is the Activator Method safe for older patients?

A: YES! Because the Activator Method delivers a pain-free, gentle thrust even patients suffering from osteoporosis (and other issues related to aging) can be safely and effectively adjusted.

Q: What about kids? Is Activator safe for children?

A: Again, YES! We find that even squirmy youngsters often look forward to their Activator adjustments.

Q: How do you know Activator is safe and effective?

A: The Activator Method has been the subject of scientific research that found it not only safe, but every bit as effective as other more traditional chiropractic methods. Activator offers the only instrument that has been the subject of 23 clinical trials, and is the only adjusting instrument that has been researched that way. More than 150 peer-reviewed scientific research articles have been written about the Activator Method and Activator Instruments.

Q: Why does the doctor keep checking the length of my legs?

A: That's the doctor's way of ensuring the adjustment is complete and effective. The leg-length technique has also been heavily researched and found to be accurate and reproducible (meaning that many doctors can use the same technique and get the same result).

Q: I noticed some doctors use other instruments for adjustments. Are those the same as Activator?

A: They are definitely NOT the same. Activator is the only instrument that has clinical trials that found it to be safe and effective. Be sure to ask for the Activator instruments and the Activator Method by name!

